

Discovering the Via Francigena in Puglia with the HIKE project

Programme of the Workshops

Thursday 12 September, Bari

- **17.00 – 19.00: Workshop "Physical preparation for hiking"** with specialists and experts, at the University of Bari, Council Hall of the Department of Humanistic Research and Innovation of the University of Bari at Palazzo Santa Teresa dei Maschi in Strada della Torretta, 70122 Bari

Moderator: Angelofabio Attolico, Department of Tourism, Puglia Region

Greetings:

- Prof. Paolo Ponzio, Director of the Department of Humanistic Research and Innovation, University of Bari
- Vito Leccese, Mayor of Bari
- Gianfranco Lopane, Councillor for Tourism of the Puglia Region
- Aldo Patrino, Director of the Tourism Department of the Puglia Region

Introduction:

- Simona Spinola, HIKE project communication manager, European Association of Via Francigena Ways (EAVF)

Interventions:

- Lorenzo Lozito, Environmental Guide
- Michael Bolognini, METHOD Wilderness Experience
- Rosa Grassi, hospitaller and pilgrim
- Dr. Domenico Meleleo, Nutritionist
- Nico Colucci, travel blogger @ilcamminodelcretino

Sunday 29 September, Brindisi

- **18-20.00: Workshop "Safety during excursions"** with specialists and experts, at the Conference Room of the Accademia degli Erranti (Via Giovanni Tarantini, 35, 72100 Brindisi)

Moderator and introduction: Simona Spinola, HIKE project communication manager, EAVF

Greetings:

- Rosy Barretta, President of Brindisi and Ancient Roads
- Giuseppe Marchionna, Mayor of Brindisi
- Francesco Ferrari, President of the European Association of Via Francigena Ways (EAVF)

Interventions:

- Claudio Focarazzo, Environmental Guide
- Michael Bolognini, METHOD Wilderness Experience
- Dr. Monica Fontanive, Wellness Coach Association of Expert Cycling Mobility Promoters
- Adriano Bolognese, Mollare Mai association
- Dr. Giampiero Sorace, Sports Physician
- Antonio Melcore, Brindisi and Ancient Roads
- Anna Pernice, travel blogger @anna_pernice

Aperitivo